

# RUIN HOUSTON

A GUIDE TO ACTIVE LIVING  
IN & AROUND THE LOOP

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## HOUSTON KNOCKS GREENSPACE OUT OF THE PARK

**56,405 ACRES OF PARK SPACE**  
That's 27.2 acres for every 1,000 residents!

**45 HIKE & BIKE TRAILS**  
Totalling more than 228 miles!

**SAM HOUSTON PARK**  
Established in 1899, is Houston's oldest park.

**CULLEN PARK**  
Measuring 9,270 acres, Houston's largest.

**HERMANN PARK**  
Houston's most visited park.

## TOP HOUSTON NEIGHBORHOOD WORKOUTS



**OAK FOREST**  
21 HOLE DISC GOLF  
COURSE ON TC JESTER



**THE HEIGHTS**  
THE TRAIL ALONG  
HEIGHTS BOULEVARD



**WASHINGTON**  
SANDY VOLLEYBALL  
AT SPOTTS PARK



**DOWNTOWN**  
KAYAKING DOWN  
BUFFALO BAYOU

# YOUR OUTSIDE GUIDE

**1 WG Jones State Forest**  
Middle Lake Trail • Conroe

One of the nation's largest working urban forests. Nearly 15 mi. of trails & pathways for horseback riding, outdoor exercise and enjoyment.

**3 Spring Creek Greenway**  
20634 Henswick Dr • Humble

Over 12 miles of natural forests and white sandy beaches along Spring Creek. This greenway connects Stahl Park, Pundt Park, Carter Park, and Jones Park.

**5 Cullen Park**  
19008 Saums Rd • Houston

Houston's largest park, with multiple hike & bike trails, baseball & soccer fields, and archery range. HPARD holds sporting leagues throughout the year.

**7 288 Lake**  
4900 Schurmier Rd • Houston

Open water sports training in a pristine, spring fed lake. Enjoy the serene and unique 20 acre facility where you can Dive, Swim, Kayak and Paddle Board.

**11 River Grove Park Trail**  
0.5 mi • Kingwood

**13 Gears Rd-Greens Pkwy Trail**  
0.6 mi • Greens Bayou

**15 White Oak Bayou Greenway**  
17 mi • Northwest-Downtown

**17 Heith-Weiss Park & Trail**  
503 Acres • Halls Bayou

**19 Halls Bayou Greenway**  
4.2 mi • Halls Bayou

**21 Brock Park & Golf Course**  
18 Holes • Halls Bayou

**23 Nicholson St Running Trail**  
1.8 mi • Houston Heights

**25 Terry Hershey Park & Trails**  
21 mi • Energy Corridor

**27 Heights Boulevard Trail**  
2 mi • Houston Heights

**29 Buffalo Bayou Greenway**  
2 mi • Houston Heights

**31 Newcastle St Trail**  
2 mi • Bellaire

**33 Hermann Park & Trail**  
3.6 mi • Brays Bayou

**35 Mason Park & Trail**  
103 Acres • Brays Bayou

**37 Westchase District Trail**  
1.2 mi • Brays Bayou

**39 Brays Bayou Greenway**  
30.3 mi • Brays Bayou

**41 Law Park & Golf Course**  
302 Acres • Sims Bayou

**2 Pundt Park Canoe Launch**  
4129 Spring Creek Dr • Spring

Launch your canoe from this 380-acre park along Spring Creek or fish for bass in the 2 lakes. Visit [www.hcp4.net](http://www.hcp4.net) to submit canoe reservation.

**4 Lake Houston Wilderness Park**  
25840 FM 1485 • New Caney

Heavily forested wilderness park with 20 miles of hike & bike trails, kayaking on tree-lined creeks, and horseback riding on 13 miles of equestrian trails.

**6 Willow Waterhole Greenspace**  
5201 S Willow Dr • Houston

290 acres of greenway, used for wildlife conservation & passive recreation, with trails, native plants, and gazebos. Located in the Westbury area.

**8 US 59 to I-45 Trail**  
16 mi • Spring Creek

**9 Spring Creek to Hardy Trail**  
7.6 mi • Cypress Creek

**10 Bevil Jarrel Memorial Bridge**  
Pedestrian Bridge • Kingwood

**12 Greens Bayou Greenway**  
3.4 mi • Greenspoint

**14 Tom Wussow Park**  
11 acres • Greens Bayou

**16 Watonga Skatepark**  
12,070 Sq.Ft. • Oak Forest

**18 Briarwick to Heith-Weiss**  
1.6 mi • Halls Bayou

**20 Lake Forest Park Trails**  
4 mi • Halls Bayou

**22 TC Jester Disc Golf Course**  
21 Holes • Oak Forest

**24 Herman Brown Park**  
902 Acres • Northshore

**26 Memorial Park & Trail**  
1.8 mi • Memorial Drive

**28 Heights Hike & Bike Trail**  
3.2 mi • Houston Heights

**30 Fiorenza Hike & Bike Trail**  
2 mi • Westchase

**32 Buffalo Bayou Trail**  
9 mi • Houston Inner Loop

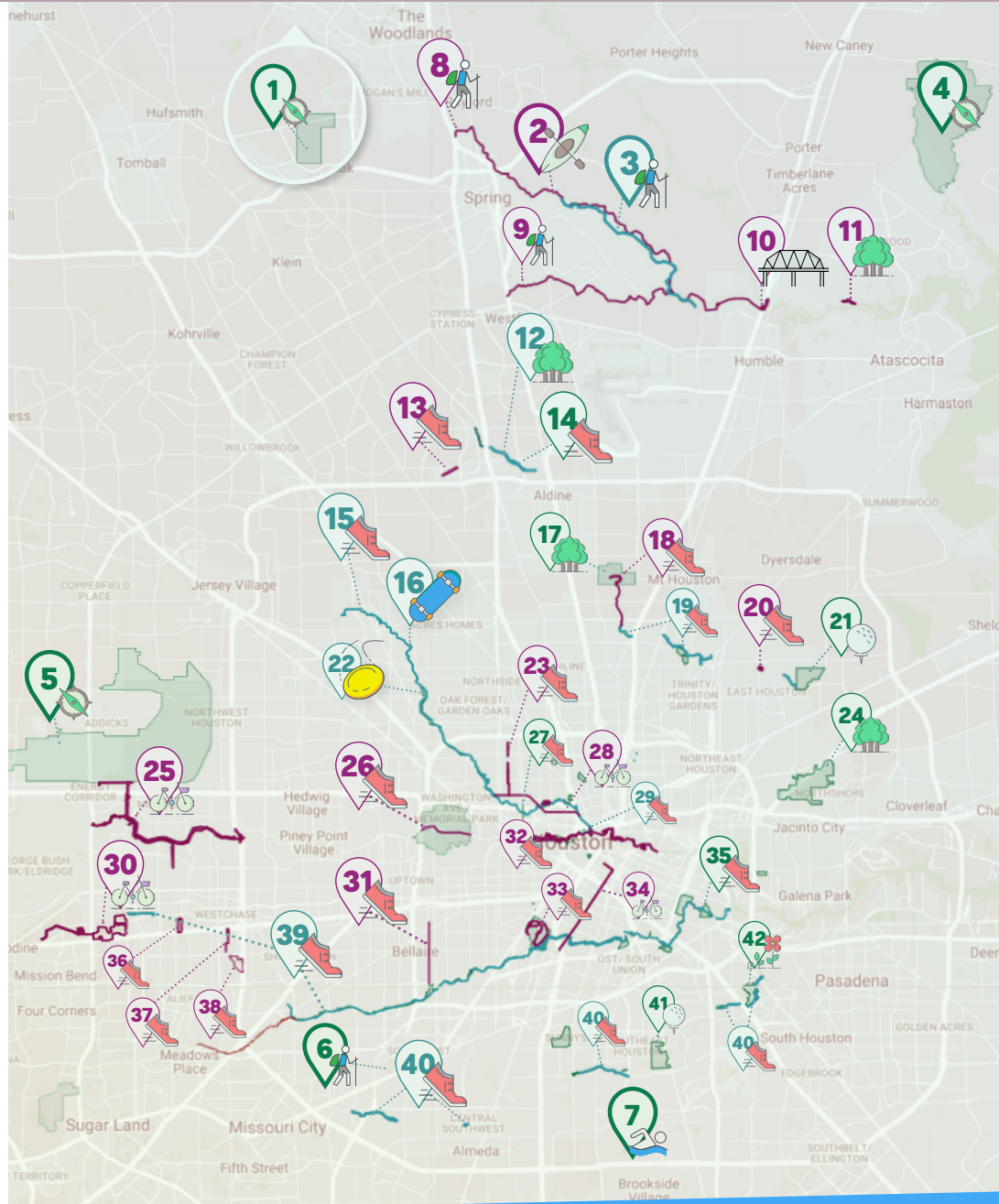
**34 Columbia Tap Rail Trail**  
3.7 mi • EaDo @ Third Ward

**36 Mike Dricoll Park & Trail**  
1.3 mi • Brays Bayou

**38 Arthur Storey Park & Trail**  
2 mi • Brays Bayou

**40 Sims Bayou Greenway**  
6.8 mi • Sims Bayou

**42 Glenbrook Park**  
151 Acres • Sims Bayou



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